

Dance Daze® At Home Challenge #5: Choreography



1: What is choreography?

Choreography is putting movements together, in a specific order, to make a dance. We sometimes call choreography dance making or dance composition. Putting a dance together can require us to use many different creative skills, such as research, design, improvisation, observation, problem-solving, and performance.

2: How can we choreograph a dance?

When we are composing (or making) a dance, we want to use our understanding of different ideas or concepts. For example, you may have learned about making patterns at school. If you have ever made a bracelet or a necklace with paper or beads of different colors, you may have used a color pattern such as yellow, yellow, blue (A-A-B). You can use what you know about patterns to make a short dance. For example, your dance might have a pattern of step, step, clap (A-A-B). You can also use your knowledge of shapes, rhythm, levels, pathways, direction, space, time, and energy to create a dance.

3: Why is choreography important?

Choreography is important because it gives us a way to use our knowledge, make art, communicate our ideas, and share what we have created with the world.